

Day 3

Start and finish at Darling Golf Club – Stage 3: distance 53km & elevation 913m

This stage is an action-packed selection of the close to home hills. If you can climb and know how to descend you will get back in record time.



All the climbing is at the beginning of the stage. At the summit of Kapokberg, 459m above sea level, there are spectacular 360-degree views of the Darling Hills and the ocean in the distance. Some rolling hills through the vineyards will take you to your second water point at Cloof Wine Estate, home of fine wine and Rocking the Daisies. The final leg is a fast flat surge next the railway line that will see you finishing your stage race and finally be rewarded with some relaxation at the race village after your hard efforts.